

Create Your Ideal Figure

We offer and use the highest quality of body care products for all of our treatments. We carry a diversity of European skin care lines, assisting us in giving you the best results possible!

Our Body Care Professionals are certified and receive continuing education to keep up-to-date with modern techniques and treatments.



Our approach to beauty begins with wellness and health. Along with our nutritional evaluations, supplements, and facial/body treatments, you can attain good health and a youthful appearance at any age!

Leave behind the day's stress and enjoy a rejuvenating visit to Les Elements Medi-Spa today, where achieving the optimum level of your Health and Beauty is our goal.

Synergie

The ultimate solution for reducing cellulite. A revolutionary vacuum massage technology that improves local circulation, smooths and tightens the skin. Temporarily reduces circumferential body measurements of cellulite, and the increases the metabolism in the treated areas. Results in a smoother skin texture reducing the appearance of cellulite. This treatment program consists of a series of twice-weekly sessions, followed by monthly maintenance visits.

Lypassage

A Myofascial release technique with special therapeutic loctions and oils/serums that help to reshape/contour your body from face to thighs. Helps reduce cellulite, and promotes all over inch loss. It tones the muscles lifting, firming and tightening sagging tissue.



Universal Contour Wrap

Voted "Top 10 Best" of the beauty treatments worldwide. 28-30 Sea Clay soaked wraps are specifically positioned to lift buttocks, breast, pull in the waist and contour the body. Also helps to reduce the appearance stretch marks. Average inch-loss is 6" to 14" overall after the first wrap. A series of 3-6 wraps are recommended.

Parabango Wrap

Sea mud mixed with paraffin. This treatment stimulates the lymphatic flow, draws out toxins from the cells, compresses the skin and soft fatty tissue. Also firms and lifts flabby buttocks, flattens the abdomen and contours the body. Amino and Alpha-Hydroxy serums are massaged into the skin prior to wrap.

Bust Firming

Designed to tighten, tone, firm and lift the bust area. Includes treatment cleansing, application of a hydrating moisturizer, toner and firming lotion.

Glews/Scrubs

Customized selection of essential oil blends that exfoliate, energize, and nourish the body.



beauty

SlimPlaster Wrap

Reduces cellulite, body fat, stretch marks, flabbiness and promotes inch-loss. Detoxifies, tones, oxygenates, molds the waist and improves the silhouette/outline of the body.

Crema/Mineral Wrap

Stimulates the lymphatic system, detoxifies, firms and re-mineralizes the body. Promotes all over inch-loss.

Seaweed Mask/Wrap

A lip-reducer ideal for body slimming. Aids in fat cell elimination and re-mineralization. Detoxification is promoted through perspiration and makes the body more receptive to treatment and products applied.

Mei Zen Cosmetic Acupuncture

In traditional Chinese Medicine the balance of energy creates the ideal weight and optimal health. **Reported Benefits from this treatment are:** Tightness of the abdominal area & loss of inches, improved digestion, enhanced energy, better sense of well being, decreases in postural and back pain issues, increased libido.

Cellulite Body Mask

Aids the body release and breakdown of trapped impurities in the skin tissue by increasing the lymphatic and circulatory system. Tones and firms targeted areas. Includes a treatment application of hydrating lotion, leaving the skin soft and smooth.



Mesotherapy

(European Injectable Serum)

Mesotherapy is the practice of using microinjections of conventional or homeopathic medication and/or vitamins into the mesoderm or middle layer of skin to deliver healing or corrective treatment to a specific area of the body. Mesotherapy has been touted as the latest breakthrough for body sculpting, cellulite reduction and skin rejuvenation.

RMR—Body Gem Testing

An advanced technology that measures your "Resting Metabolic Rate;" the number of calories a person burns to maintain vital body functions if they were at rest all day. It represents up to 80% of a person's total metabolism. A key element to help you achieve your ideal weight.

Manual Lymph Drainage

A gentle rhythmic wavelike massage which stimulates the deep waters of the body and re-circulates the lymphatic flow. It drains waste products from the tissues, detoxifies, regenerates and absorbs fat soluble nutrients. Activates movement of adipose and cellulite tissue, draining excess fluid.

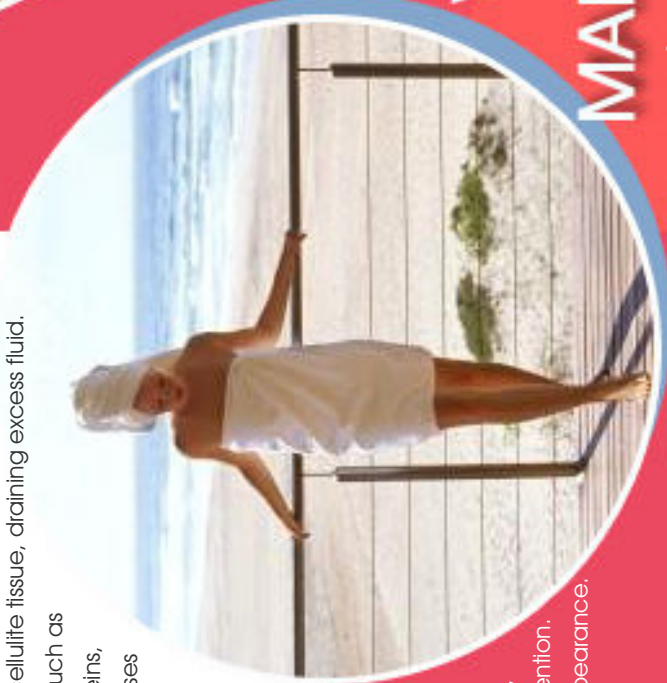
Transports substances such as fatty acids, toxins, proteins, hormones, and processes them out of the body.

The lymphatic system can be affected by tension, stress,

infection, swelling, fatigue, and chemicals, etc.

Beneficial for: Edema, Tension, Stress, Swelling, Fatigue and Water Retention.

Leads to a slimmer appearance.



Contouring

Inch Loss

Cellulite



Weight MANAGEMENT

Body Care from Les Elements

Effective Body Sculpting, Cellulite Solutions, Significant Inch-Loss

Welcome to the Spa that gives the results you've always longed for.

Les Elements Medi-Spa

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